

Walden Parents,

Welcome to Blue Fin Swim Club. To help facilitate your child's swimming lesson experience, and to assist you in enrolling, please follow these directions.

Students enrolled in swimming must have:

- 1. goggles
- 2. a swim cap (to prevent ear infection, and children are usually more attentive to lessons)
- 3. a swim suit and a large towel
- 4. a pair of shoes, like sandals, to wear while walking to and from swimming lessons.
- 5. Children need to be at Walden at least 15 minutes prior to their class time.

Parents may visit Lane Four Swim Shop at www.lane4swim.com and mention that they are with SWAT and will receive the member discount for their swim gear & suits.

- 1. Please make checks payable to <u>Blue Fin Swim Club</u>. Blue Fin is an affiliate of Southwestern Aquatics Team-SWAT.
- 2. If one family has two (2) swimmers, they may indicate both students' names on one agreement and policies & procedures.
- 3. Parents need to acknowledge **both the Swimmer Agreement, and Policies & Procedures** located in the swim packet.
- 4. Children age 3, 4, or 5 will have classes in the morning. All children will be evaluated for existing skills on the first day of class. Children will be placed either in the 9:30, 10:00 or 10:30 classes depending on their skill level. It is essential that all children be at Walden school by 8:45 on the first day of lessons. Class time will be posted on the bulletin board at the end of the first day. Kindergarten and older students will have class at 3:30 p.m. No swimming classes will interfere with Gymnastics or Taekwondo.





Registration & Membership Application

www.swimwithswat.org

Email: learntoswim@swimwithswat.org

WELCOME! LEARN TO SWIM WITH BLUE FIN!

WELCOME! Blue Fin Swim Club's (BFSC) an affiliate of Southwestern Aquatics Team – SWAT. Our objective is to teach children the basic water safety skills and technique development. Our goal is to build strong swimmers and to grow the sport of swimming by offering a quality program to our swimmers. Blue Fin offers fun water safety environment, progressive training program and advance stroke development.

BLUE FIN Swimming Program

BLUE FIN offers a progressive multi-level program to meet the individual ability and commitment levels for our swimmers. All swimmers focus on developing survival skill, water safety and stroke mechanics habits and improving confidence in the water.

Swimming Lesson

Level 1 - Introduction to Water Skills

Emphasize on comfort in the water, safety and skills performed with the help of an instructor. Skills include submerging face in the water, learn to breathing cycle (blowing bubbles), bobbing, front and back floats with help of instructor

Level 2 - Fundamental Aquatic Skills

Coordination practice of the front crawl, correct body position. Introduction to the back crawl, glides, streamline kicking front & back. Treading water, board kicking, rollovers, elementary backstroke kick and under water swimming.

Level 3 - Free & Backstroke Development

Focuses on Breathing Cycle (Every 3 strokes) to side, continued coordination of the front and back crawl. Correct arm movement & rotation, Catch up drill, motion and elementary free style, backstroke. Introduction of swimming 25 yard free & back styles continuously.

Level 4 - Breaststroke Development

Focuses on breaststroke kick, correct arm movements & rotation, two kicks one pull. Students will continue to fine tune the free style, backstroke, breaststroke along with the butterfly introduction of butterfly kick & drills. Swimming 25 yard continuously.

Coaching Staff

Blue Fin coaches are dedicated experience individuals that build fitness, technique and character among the team. Our coaches are professionally trained as USA Swimming certified; Red Cross (WSI) first aid and safety CPR certified; and members of the American Swimming Coaches Association with combined 25 years of experience.

Lesson Schedule

S-13 (June 9 ~ 19); S-14 (June 23 ~ July 3); S-15 (July 7 ~ 17); S-16 (July 21 ~ 31)

2 week / session: 4 classes per week — Mon, Tue, Wed & Thurs 30 min per class

MEMBERSHIP APPLICATION

Thank you for joining BLUE FIN! Please complete the information below.

				Sy	vimn	ner Inform	ation				
Full Name: Swimmer 1								Circle	l/F		Circle One Y/N
	Last		First	М	Ī	Birth Date	Grade	Gender		School	Fort Bend Resident
Full Name: Swimmer 2								M/	/F		Y/N
	Last		First	М	Ī	Birth Date	Grade	Gender		School	Fort Bend Resident
Full Name: Swimmer 3								M/	/F		Y/N
	Last		First	М	Ī	Birth Date	Grade	Gender		School	Fort Bend Resident
Full Name: Swimmer 4								M/	/F		Y/N
	Last		First	М	Ī	Birth Date	Grade		ender	School	Fort Bend Resident
				F	aren	nt Informat	ion				
Full Name: Parent 1						Full Nam Parent 2					
	Last		First	М	Ī		Last			First	MI
Address:						Address					
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Home: ()	-	Cell: ()	_	Home:	()	-	Cell: () -
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Learn To Swim Program	2 Weeks class / 30 Min each			
Group Lessons (maximum 4 students)	Group \$120 per student / session			
Mon, Tue, Wed & Thurs				

There is a **\$30.00** handling fee on all returned checks

Print name	Signature	Date

Swim	mer	r's Agreer	nent to Hold Harmless			
Fin Swim Club. I agree to indemnify and ho and employees from all claims, damages, lo participation in these activities. I further agr DBA BLUE FIN SWIM CLUB and its employ claims or damages, damages in law or reme FIN AQUATICTS DBA BLUE FIN SWIM CLUB are cannot sue SWAT; BLUE FIN AQUATICS Excollect any money.	nteer by S' es an _(Prir old hat ossestee to yees; edies UB a rising	WAT; BLUE rs, the Blue WAT; Blue d claims arint Name of armless to S including to release, and its me in equity o and its staff g out of part BLUE FIN S	Fin pool staff, as well as the Fort I Fin Swim club for water safety & L sing by reason of injuries that may Swimmer) while participating in the SWAT; Blue Fin Swim Club and its death, injuries, and expenses arisicquit, and covenant not to sue SW mbers, agents and employees for f whatever kind, including the neglor my family, myself, or my heirs, icipation in the swimming program	DBA Bend earn y occu e prog s staff; ng ou /AT; E all ac ligence again or ac nembe	BLUE FII Independ To Swim ur to grams of S ; its memb t of or res BLUE FIN etions, cau tee of the S est SWAT; etivities. In ers, and if	N SWIM Jent School Program and SWAT; Blue Ders, agents Julting from AQUATICS USES of action SWAT; BLUE JEBLUE FIN In short, I
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my child	Birth train erstai the r al atte or coa dical tion	n) is in good ing and con nd that the s rigors and re ention and I aches of SV facility. I a and treatme to render th	Southwestern Aquatics Team reservations of participating in the cannot be reached to make arran VAT; BLUE FIN AQUATICS DBA I athorize SWAT; BLUE FIN SWIM ent for my child at a hospital or clime necessary emergency treatments	condi ed a perve the swime geme BLUE CLUE hic of to	ition that on the control of the con	could make it s medical refuse any gram or mergency M CLUB to staff and ce. I give further
Insurance Company:			Policy Number:			
Name of Insured:			Group Number:			
Emergency Contact Name:			Phone Number:	()	
Work Phone:	()	Relatives Phone:	()	
Cell Phone:	()	Friend Phone:	()	
Photo Rel	eas	e (Permis	ssion Form for Minors)			
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I hereby agree to all above statements in S\ Treatment/Travel Authorization, and Photo			SWIM TEAM Hold Harmless Agre	==== eeme	nt, Medica	==== k
Parent / Guardian Signature:			Date:			

POLICIES & PROCEDURES

REGISTRATION & TUITION

- Each family must have an informed consent and waiver form on file before beginning lessons.
- Tuition must be paid at the time of registration. See membership application for details.
- There is a \$30 fee for each returned check.

Once you have signed up for a maintenance session (2, 3 days-a-week) the tuition must be pre-paid by the 21st of the preceding month in order to keep your child's spot for the next month. (E.g. February payment must be received by January 21st.) A late fee of \$20 per student will be applied if payment is received after the 21st. Failure to pay by the 25th will result in your child being dropped from the class. New students will then be allowed to register, and students who have been dropped will lose priority registration for group, time and or instructor.

MAKE-UP POLICY

In case of a lesson cancelled due to weather conditions or close of facility, BFSC will provide make-up on an assigned date following the cancellation. As a courtesy, BFSC will provide ONLY one (1) make up class at the end of the session.

CANCELLATION POLICY

All cancellations must be made 72 hours prior to the first class of the session. Any cancellation made within 72 hours of the beginning of a session or after the session has begun is subject to a \$20.00 cancellation fee per student, per class. A credit for the remaining classes, less the cancellation fees (if applicable) will be considered for a future BFSC credit. In the event that more than four lessons are missed during a session due to extenuating circumstances, BFSC's Directors will review each situation on an individual basis, as long as advance notice to BFSC has been provided. ABSOLUTELY NO MONETARY REFUNDS WILL BE ISSUED

DIAPER POLICY

In the interest of the health and safety of all students in our program, Blue Fin Swim Club requires all swimmers under the age of 3 **AND** children who are not fully potty trained to wear 2 swim diapers. One of them must be reusable. Your child will not be allowed to enter the pool if this policy is not followed.

*In the event that a potty trained child has an accident, they will be required to adhere to the double diaper policy. Length of time to be determined by SWAT; Blue Fin management.

INSTRUCTOR INFORMATION

Since our lessons run consecutively there may not always be time before or after your child's lesson to speak directly with the instructor. If you're interested in communicating with your child's instructor, then stop by the office and a representative will be sure to pass the message on! All instructor requests will be considered, but may not always be honored due to scheduling constraints and class availability. When an instructor is absent, a substitute will be provided. Please be open-minded about new instructors/substitutes so that your child will be as well. All teachers are trained in the same curriculum; therefore, swimming with a different instructor will not hinder your child's progress.

FACILITY RULES

The following are **NOT** permitted on pool premises:

Smoking; Glass Containers; Profanity; Alcohol; Pets; Reserving dressing rooms

- Our insurance requires a responsible adult to remain on the premises for the duration of the lesson.
- Parents are responsible for their children before, during, and after lessons.
- In order to avoid disrupting classes in session, we require parents to view lessons from viewing area.
- If you have paid for a group lesson, and your child is the only one in the class, we will not cancel the class. He/she will receive a full 30-minute private lesson for the same group rate.
- Parent/Child classes: Please wait for your instructor to give you permission to enter the water.
- WE DO SWIM WHEN IT RAINS UNLESS THUNDER OR LIGHTNING. (15 MIN. RULE APPLY)

HEALTH CONCERNS

- PLEASE AVOID milk, dairy products, spicy foods, and large meals before lessons. Children may have a light snack before swimming.
- Please remove all band-aids before entering the pool, keep your child's nails trimmed, and long hair pulled back.

TREATING EARS

We suggest that you treat your child's ears in order to prevent ear infections. A solution called Swimmer's

Ear is sold in most drug & grocery stores. Rubbing alcohol may be used as well. Simply pour the solution into your child's ear canal-you will see it fill to the surface. Let the solution sit for a few seconds, which allows it to soak up any water that has remained in the ear canal. Then turn your child's head to the side and let the solution drain onto a towel. Repeat with other ear. Please remember to consult with your physician first!

Parent Signature	Date	